

THROUGH PRAYER AND INTUITIVE
INSIGHT, ONE LEARNS TO
WITHDRAW THEIR INVESTMENT IN
EGO "INNER THUNDERSTORMS"
("EGO DEATH") TO PLACE
DEVOTION CORRECTLY IN GOD.

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LUX DIVINA OMNEM TENEBRAM DISPELLIT



Experience Inner Peace
Through Self-Inquiry & Prayer
with the

*One Silent Mind
Community*



One Silent Mind

INNER PEACE BEYOND LIMITING
THOUGHTS & BELIEFS THROUGH
INQUIRY AND PRAYER

ONESILENTMIND.COM



About Dylan

Following an intuitive pull to travel to Mexico, Dylan began his journey by opening to the practical application of psychotherapy and non-dual teachings with a foundation in Chapala, Jalisco, MX.

As Dylan questioned and saw the lack of value in fear-based, limiting thoughts and beliefs (the ego), he experienced the stillness of the "true Self" beyond the ego.

His work centers on guiding you through the mental conditions you have set up against the experience of peace, that is always available this very moment.

Having travelled to four countries sharing his experience, Dylan reminds everyone that the experience of peace beyond the intellectual understanding of spiritual teachings and psychological studies is what truly matters.

Christian Mysticism

Join Dylan and the One Silent Mind community in moving beyond inner turmoil through prayer and self-inquiry for a renewal of mind, interior stillness and spiritual abundance.

One-on-One Sessions

Books & Videos for Inner Peace
Self-Inquiry Tools & Worksheets



Our Services

Welcome to One Silent Mind, a sanctuary for those ready to step beyond the noise of the ego-mind and awaken to the Peace of God that is your inheritance.

Just as the ancient Christian saints and mystics did, our purpose is to move beyond the intellectual study of God into the direct, living experience of Inner Peace or a mind anchored in Christ through the teachings of Jesus Christ.

Dylan teaches that the root of all suffering is a misplaced devotion to the "false self"—the ego's collection of unloving beliefs, thoughts and effectual emotions and perceptions. Through prayer and intuitive insight, one learns to withdraw their investment in these "inner thunderstorms" ("ego death") to place devotion correctly in God.