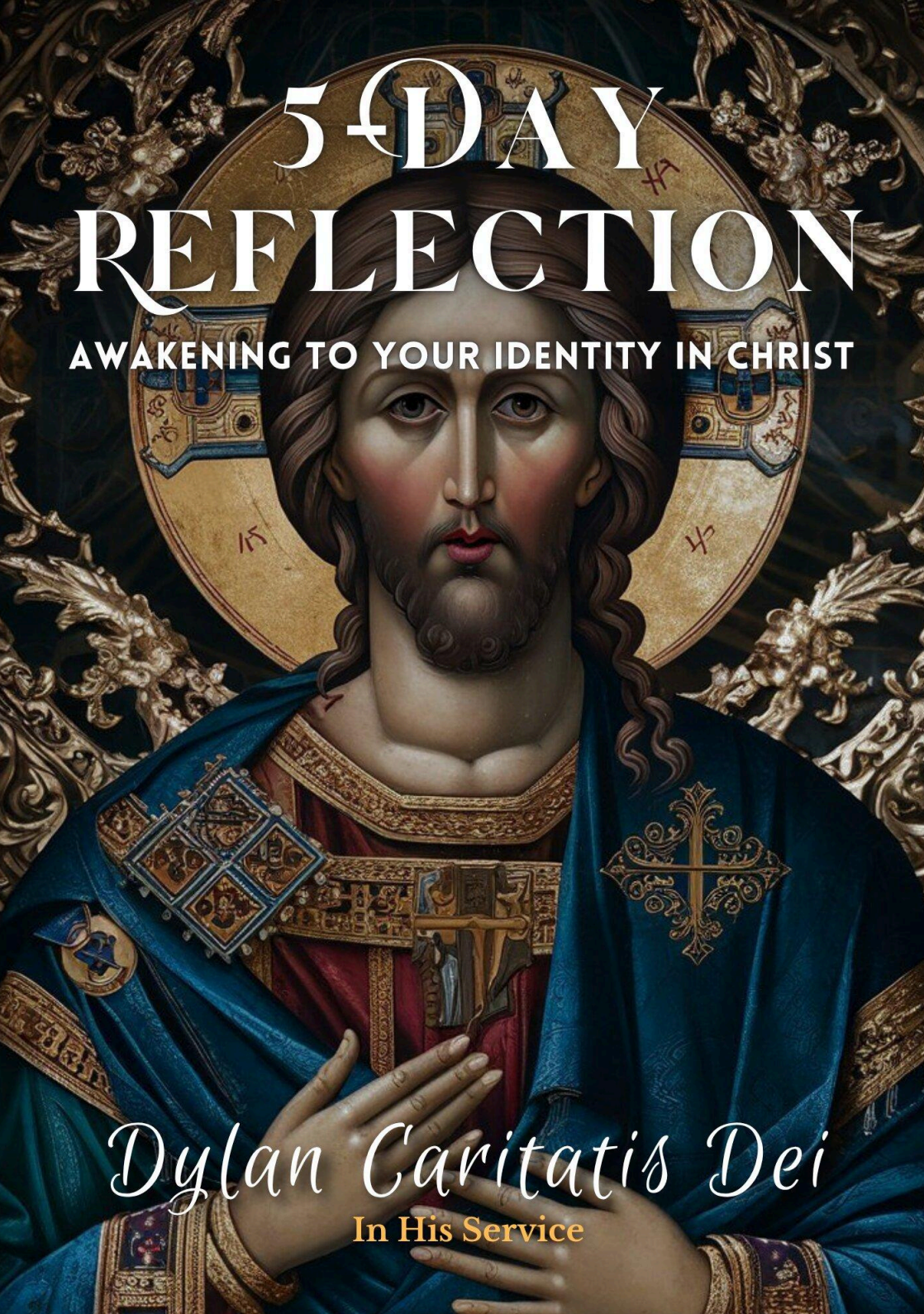

5-DAY
REFLECTION
AWAKENING TO YOUR IDENTITY IN CHRIST
Dylan Caritatis Dei
In His Service

5-Day Reflection:
Awaken to Your Identity in Christ
by Dylan Caritatis Dei

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One Silent Mind Publications
Wellington, New Zealand



Dylan Caritatis Dei

"It is no longer I, but Christ that lives in me"
Galatians 2:20

When I was inspired by the Holy Spirit to surrender myself fully, it was an invitation into allowing me to witness His Love and Care in an experiential way. It was an invitation into humility, to wash away the pride of the world's thinking of how I have to provide for myself.

It was very practical. Go into town and walk around. Feed that 'homeless' man sitting on the side of the walkway. Listen to him and get to know him while you are eating with him. Share your experience with him.

As I listened and followed, the Joy and Love that bubbled from within was more meaningful than anything I had previously experienced, in regards to how my personal identity wanted to and would spend 'its time'.

Prior to this, I was making money in a job. Was I consistently happy, consistently grateful, consistently experiencing this radiant love inside me? No. I was prideful in that identity that I had built apart from Him. I would walk past the homeless, and side with the devil's thinking of judgement and how I am greater than thou for not being in your position.

Yet, truth be told, I was actually poorer in Spirit than they. I now know why they were placed there at that exact moment. Because every time I walked past 'the homeless', there was this self-reflection, this guilt, this conviction: Wow, I have all of this money and flashy worldly things, yet I have no love in my heart, I cannot even bring myself to give them food because of my prideful identity.

What a life I was living, not. I was dead inside, and all of Heaven knew it. Yet, there was no judgement, there was only an invitation to turn from my way of lack of love to His Way of Love. That is what repentance means: to know that your way is bearing no inward fruit, and, therefore, to fully know in your heart that you need to change ways.

Therefore, this surrender that I was being invited into was all about how to experience everyday life through His Singular Eye of Love, to experience every moment with Him, rather than apart from Him in my own built identity: my own preferences, desires, understanding, and way of thinking and perceiving. I didn't know where it was going to lead yet, but all that I knew was that it was either let Him lead the way or die a fruitless life in the world.

The main fear that arose for me, from this invitation, was around money. The Holy Spirit would remind me, "You have the intellectual understanding of the teachings of Jesus, now let's go for the practical application, let's really put this into practice, starting off with Matthew 6:25-34, "Take therefore no thought for the morrow".

Day-by-day and moment-by-moment, through prayer, I noticed everything I needed was provided in unexpected and synchronistic ways in the moment it was needed. This allowed me to witness His Power and practical nature of, “But seek ye first the kingdom of God, and his righteousness; and all else shall be added unto you.” Matthew 6:33

The following material is an expansion of blossoming intellectual understanding into experiential Fruit of the Spirit. May my experience be used to glorify Him by saving you time, lessening the time under "the great deceiver's" purpose of suffering, and serve as a practical companion on your path to total surrender.

The Experience of His Peace and Love is what truly matters, rather than getting caught up in the pointers to this Experience. What good is a life surrendered to Him if I am not actively going towards an Experience of loving my brothers and sisters as myself, as He has loved me. All glory be to God.

In His Service,

Dylan Caritatis Dei

5-Day Reflection:

Awaken to Your Identity in Christ

Dylan Caritatis Dei

Introduction

I often treated the teachings of Jesus like a museum exhibit—something to be admired, studied, and protected, but rarely touched. I learnt the Greek root words, I memorised the parables, and I nodded in agreement during the sermon.

James reminds us that looking at the Word without acting on it is like looking in a mirror and immediately forgetting what you look like. An intellectual faith provides a reflection, but action provides the reality. To apply these teachings, you must stop asking, "What does this mean?" and start asking, "What does this require of me today?" If the mirror shows a smudge of pride or a speck of resentment, I don't just acknowledge it; I ask Him to wash it away.

> James 1:22–25: "Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do."

Life is guaranteed to bring storms. Jesus' warning in the Gospel of Matthew wasn't about whether or not the rain would fall—it was about what the house was sitting on. Intellectual understanding is like building a beautiful house on shifting sand; it looks great in the sun, but it cannot survive a crisis. Applying the teachings of Jesus Christ is the process of digging down deep until you hit the rock. It is the hard work of obedience when the ground is tough and the labour is long.

> Matthew 7:24–27: "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

Like myself, most have to be brought to rock bottom first, before realising that God is the rock at the bottom. If I want to know if I am truly living the teachings, I have to look within. Am I consistently peaceful, content, and joyful. The Fruit of the Spirit is consistent and abundant. It radiates outward even, in what the world would interpret as, extreme situations. During the crucifixion, the most extreme example, there was the demonstration of teaching only Love, of spiritual maturity. Jesus didn't rebuke the religious pharisees for no reason, those who appeared righteous outwardly but were still spiritual dead

within. Jesus' teachings on interior forgiveness, a self-reflection with the Holy Spirit to discard or see as false and overlook anything internally is the gateway to consistency.

John 13:17: "Now that you know these things, you will be blessed if you do them."

True spirituality is found in the practical application. It is found in the darkest moments, when you are triggered, upset, scared, lost, and experiencing the 'dark night of the soul'. Perfect Love must cast out fear, therefore, what a joy it is to look at all of what is not His Love, knowing it is a transitional phase to consistently experiencing His Love. Every day becomes Christmas Day, where the triggers and moments of hardship are the gifts and presents under the tree to initially learn to lean more on Him. What a holy use of the day it is when you lean on Him to forgive the devil's thoughts in moments of triggers, to trust in Him in moments of hardship, and to perceive how He Sees, in acknowledgement that you see but through a darkened glass, unable to see clearly. You are called to move past the abstract concept of "His Love" into a direct Experience of It.

> 1 John 3:18: "Dear children, let us not love with words or speech but with actions and in truth."

This level of application infuses every mundane task—emails, housework, commutes—with the intentionality of doing it for a higher purpose: washing away the me, so there is more of Him. When the teaching is lived, the "mundane" becomes "sacred."

> Colossians 3:17: "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

Finally, living these teachings isn't about "trying harder", it's about "being made new." When you stop conforming to the world's patterns and start applying Jesus Christ's teachings, your mind actually begins to change. You begin to see everyone as He sees them and value what He values.

> Romans 12:2: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

As you close this eBook, remember that the teachings of Jesus is not a philosophy to be mastered, it is an experience to be lived. The consistent, experiential inward Fruits of the Spirit are what Represents Christ to all those who do not currently believe. Some may never see Him, but they may see Him through you.

> "By their fruit you will recognize them," Matthew 7:16.

Living the teachings of Jesus can feel like a daunting task if you believe it rests entirely on your own willpower. But the beauty of the Gospel is that you are not simply following the instructions of a historical figure; you and I, who are walking together, are walking with a Living Presence. Jesus' Presence is a present experience, not a memory. This is why the most frequent command in all of Scripture, appearing in various forms like, "Do not fear" or "Do not worry," approximately 365

times, one for every day of the year, is not a suggestion, but a response to His constant Presence.

> Matthew 28:20: "...And surely I am with you always, to the very end of the age."

When you move from intellectual theory to everyday practice, you find that the Holy Spirit acts as a practical guide, whispering direction in moments of decision and providing His Peace in moments of worldly chaos. You no longer have to worry about tomorrow's challenges because the same Spirit that empowered the apostles is Living within you today.

> John 14:26: "But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."

By choosing to live the teachings, your faith ceases to be a stagnant set of rules and begins to blossom into something organic and experiential. As you step out in obedience, the "head knowledge" transforms into the Fruits of the Spirit—tangible evidence of being connected to the Vine. You will find that Love, Joy, and Peace are not things you "manufacture," but grow naturally as you walk with Him.

> Matthew 6:33–34: "But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

The journey of application is where the "theology of the mind" becomes the "testimony of the life" that He uses to change hearts and inspire minds. You are not alone, you are not unguided, and you have no reason to fear. Step forward and walk with us, your Friends in Christ, for He is calling you out of your ways of lack of love and into His Way of Love and Life.



IDENTITY IS RECEIVED OR ACCEPTED, NOT BUILT.

Caritas Dei

Welcome, Let's Walk Together in Christ

Welcome to the 5-Day reflection on awakening to your Identity in Christ. Identity isn't something you build; it's something you receive or accept.

For a long time, I looked for 'who I was' in my work, hobbies, actions, relationships and the world's opinions and titles. But those things shift like sand. Dylan's materials are dedicated to sharing the Experience beyond intellectual understanding of an Identity that never changes—your Identity in Christ.

Caritas Dei—the Love of God—is the foundation of everything. Join me as we dive into what it truly means to be His.

Start off with day one, and then move onto the next day's reflection after 24 hours. This provides the space and stillness to allow the Holy Spirit to reveal to you insights, revelations, and experiences for that day's reflection.

This eBook provides a basic 'bigger picture'. If you are interested in going deeper into the practical application, you are invited to read Dylan's "*A Renewal of Mind Through Christ*" Series that is available on Amazon:

Whispers From Your Inner Wisdom: Awaken to the True Self by Dylan Caritatis Dei (ISBN: 979-8253998564)

Prayerful Self-Inquiry: Making Every Thought Obedient to Christ by Dylan Caritatis Dei (ISBN: 979-8253999370)

DAY 1



CHOSEN

(Ephesians 1:4)

Day One Reflection: Chosen

Identity in the world is built upon time. I am this body, I am this name, I am this ethnic group, I am this position, I am from this organisation or denomination, and I have these personal preferences. Built on sand, they are temporal. These identities can be changed or taken away in the blink of an eye. It is these shifting identities that make up the self-concept that takes the place of the Identity of Christ.

This self-concept is what takes the place of the Peace and Love of God, as when misidentified with, are defended against other brothers and sisters of Christ. This self-concept, being prideful, takes the place of humility; built upon sand, requires defence and perceives others as attacking it; rooted in separation, judges and attacks others out of a false sense of righteousness.

The resulting fruits are spiritual death. If your identity is built on sand and can change or be taken away, wouldn't constant fear and anxiety be a natural response in your daily life?

Who are you when all of these temporal identities are taken away or surrendered to Him? Identity in Christ is not built, but received or accepted when the built identity or self-concept is surrendered or seen as valueless. Rooted in God, it requires no defence; being of Perfect Love, contains no fear or condemnation; being Reality, contains no doubt or confusion.

Before the foundations of the world were laid, God already knew your name and chose you to be His. You didn't have to "apply" for this position. You were selected by Him, to release the amnesia that Satan places over your eyes and awaken to Reality in Him, once again.

Reflection and vulnerability with the Holy Spirit:

What is one area of your life where you are still experiencing fear or anxiety?

Would you be willing to exchange that fear and anxiety for relaxing into trusting Him, who knows you completely?

> Luke 12:7, "Why, even the hairs of your head are all numbered. Fear not; you are of more value than many sparrows."
>
> Psalm 139:1–4, "O Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar... Even before a word is on my tongue, behold, O Lord, you know it altogether.

Are you willing to surrender your personal will, which bears only the fruit of what harms you: anxiety, fear, judgement, and lack of love to His Will of consistent Love, Peace, Faithfulness, and everything else that will not harm you?

A Prayer of Surrender

Lord, I come to You with hands open. I confess that I often cling tightly to my own plans, my own timing, and my own way of doing things. I acknowledge that while I see only a small piece of the puzzle, You see the whole picture.

Today, I intentionally lay down my will at Your Feet. I give You my 'must-haves,' my 'what-ifs,' and my 'if-onlies.' I exchange my anxiety for Your Peace and my control for Your Plan.

Holy Spirit, align my desires with Yours. If there is a path I am forcing that is not for me, close the door. If there is a step I am afraid to take that is part of Your Plan, give me the courage to move. I trust that Your Heart for me is good and that Your Plan is better than any I could design for myself.

Not my will, but Yours be done. Amen.

DAY 2

REDEEMED



(Colossians 1:13-14)

Day Two Reflection: Redeemed

There is a massive difference between rehabilitation and redemption.

For too long, you have lived under the heavy weight of a self-constructed identity built on your achievements, your failures, and your past mistakes. At its root, it is simply trying to exist apart from God. You get stuck in a loop of trying to "fix" yourself, as if you are a project that just needs more effort.

But Jesus offers something much more radical. This isn't just self-improvement; it's a total renewal of mind. Paul captures this perfectly:

> Galatians 2:20, "I have been crucified with Christ; it is no longer I who live, but Christ lives in me."

You are being called to lean on the Light of Clarity of the Holy Spirit. The Holy Spirit Sees truly because It is an Extension of Clarity, and, therefore, is Perfect Sight.

The Holy Spirit does not mistake anything that is of the devil as your true Reality in Him, as all aspects of what is valueless is valueless!

Through leaning on the Holy Spirit's Discernment, you begin to open to sorting out the valueless (what is not of God, but the enemy) from the Valuable (what is of God).

Noticing the enemy's thoughts of worry? This can be traced back to a lack of trust in God, and cannot be of God—thus it is tossed into the mental trash bin or overlooked, not given value.

Noticing a belief in lack, along with effectual thoughts that suggest you do not have enough of x? This can be traced to an idea that God will not provide whatever is needed in the moment it is needed, and cannot be of God—thus it is tossed into the mental trash bin or overlooked and not given value.

To shift from the built identity of the world to the Identity in Christ requires a complete surrender of self, before the Identity in Christ can be accepted through Grace. One must be willing to look upon the seeming darkness of the devil's influence and its self-concept made apart from God and recognise, through the Holy Spirit, that it has no value before the Power of God, That is All Valuable.

Your Identity in Christ is your only true Identity. It is fixed and finished.

Reflection and vulnerability with the Holy Spirit:

What thoughts in your mind are you valuing that are not of God that you are willing to drop today?

If it's not how Christ describes you, it's thoughts of the devil come to tempt you from your Identity in Christ. They are not your thoughts, and, therefore, not of value.

A Prayer to Anchor in God's Thoughts

Father, I recognise that my mind is often a battlefield of competing voices, worries, and distractions. Today, I choose to drop my anchor into the truth of Your Thoughts toward me—thoughts of peace, lightheartedness, and truth.

Lord, quiet the 'fruitless' noise of condemnation, urgency, and fear. I refuse to let my mind be troubled by whispers that do not align with You. Instead, I invite Your Holy Spirit to renew my mind. Let Your Pure, Peaceable, and gentle Wisdom be the filter through which I take every thought captive.

When I am tempted to lean on my own understanding, pull me back to Your Wisdom and Guidance. Show me how to perceive this differently, from Your Perspective of Forgiveness.

I declare that I have the Holy Spirit, and I will not be shaken by the shifting winds of the devil's thoughts.

SATAN, GET THEE BEHIND ME.
VADE RETRO, SATANA.

In Jesus Christ name, Amen.
In nomine Iesu Christi. Amen.

DAY 3

A NEW CREATION



(2 Corinthians 5:17)

Day Three Reflection: The New Creation

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" This isn't just a metaphor. The old, built identity that was apart from Him and revolved around the flesh is laid aside, in the complete surrender or renewal of mind; the new Identity in Spirit is alive right now.

You are no longer defined by your past or human limitations. Romans 8:9 says: "You, however, are not in the realm of the flesh but are in the realm of the Spirit." To be "in the Spirit" means the very source of your life has shifted. You aren't just a human being trying to make it in the world, all alone; you are a Being in Spirit living in your Identity in Christ that is Sourced by God, one or united with everyone else in the body of Christ.

What does this actually look like in daily life? It's a complete shift in perspective and approach, for example, how you view your worth and your needs:

Approval: You no longer exhaust yourself, chasing validation from the world. Your worth and approval is already settled and secure in God. You are obedient to His Guidance, regardless of what the world—which is really just the thinking of the devil—thinks of you.

Provision: You move from "striving" to "surrendering." Even your career feels different; work becomes a choice under His Guidance, as you realise you don't have to sustain yourself

alone. You know that you are Sourced by your Heavenly Father, that He is Provider rather than the world. You live knowing everything else will be added onto you.

> As Jesus taught in Matthew 6:28-30: "And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. Yet I tell you that not even Solomon in all his splendour was dressed like one of these. If that is how God clothes the grass of the field... will he not much more clothe you?"

When you are in the Spirit, you know experientially that you are looked after just as naturally as the birds and nature are. You are free to stop performing and simply start being the child of God you were recreated to be.

Reflection and vulnerability with the Holy Spirit:

Where in your life are you still wanting worldly approval? Are you willing to hand this over to the Holy Spirit to accept that your worth is already given and rooted in God?

Where in your life are you still depending on the world for the sustenance and continuation of the flesh? Are you willing to hand this to the Holy Spirit to show you that it is God that is Provider and takes care of everything that you need in synchronistic ways, just as the birds and the rest of nature are provided for? Are you not greater than these?

A Prayer to See Your Grace and Provision

Heavenly Father, I come to You today to release the heavy burden of 'how' and 'when'.

Lord, I ask for the grace to trust You with every need that I have during my daily moments. Forgive me for the times I have lived as if I were an orphan, worrying about my survival as if it rested entirely on my shoulders.

I declare today that You are my Loving Father, the Lord Who provides. You are the Sustainer of my every breath and every moment. Whether my needs are financial, emotional, or spiritual, I trust that Your Hand is already moving. I anchor myself in the truth that because I am Your child, I am worth far more to You than the birds You so faithfully tend to.

Even in the desert, You provide manna. Even in the storm, You provide peace. I rest in Your provision today, knowing that You will give me exactly what I need for this day.

In Jesus' name, Amen.

DAY 4

LOVED



(Romans 8:38-39)

Day Four Reflection: Loved

For the longest time, I operated under the illusion of distance. I viewed God as a figure on a distant throne and my neighbour as a separate entity to be defended against or compared to. But awakening to, and most importantly, experiencing your Identity in Christ means watching those walls crumble.

The division between "I" and "another" dissolves in You. When you realise that Christ is "all, and in all" (Colossians 3:11), the need to compete or isolate evaporates. This is the heart of Jesus' mission:

> "That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us."
> John 17:21

Spiritual maturity isn't just about making "better" choices; it's about reaching a point where the option of a choice apart from the Holy Spirit has been laid aside. It is no longer a struggle between two wills, but a surrender into One. As Paul said, "It is no longer I who live, but Christ lives in me" (Galatians 2:20). This is an Experience of Love; there is now no you: a built identity or will apart from Him to act as a barrier to His Love.

Because you are now part of this divine union, the way you treat others is literally the way you treat Him. There is no separation. Jesus made this clear:

The Commandment:

> "A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another." (John 13:34)

The Recognition:

> "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."
> (Matthew 25:40)

He Loves because of Who HE Is. Love isn't just His action; it is His Essence. You are Loved right now—not because you've attained perfection in your worldly life, but because you are His, and branches that grow from His Tree Trunk will bear the Fruit of His Love, being of Him.

There is no mistake and no detour that can cut the cord of His affection. As Romans 8:38-39 declares, nothing in all creation—neither height nor depth—can separate us from the love of God.

Take a breath. When you look at "the least of these," you are looking at Him. When you look in the mirror, you are seeing His Beloved. The judgements and unworthiness that initially arise from this is arising to be seen and handed to Him, once arising before and pushed down into the subconscious.

Reflection and vulnerability with the Holy Spirit:

Where, today, can I surrender the barrier of separation I experience with my brothers and sisters?

Where can I help someone so that I may help the Lord Himself? Where can I give to someone in need to give to the Lord Himself?

A Prayer to Dissolve the Barrier of Separation

Father, I come before You acknowledging that there are walls in my heart. I confess that I have allowed barriers of judgement, misunderstanding, and past hurts to separate me from my brothers and sisters. I have often seen their flaws before their value, and I have held onto my 'right' to be distant.

Lord, I surrender these barriers to You now. I lay down the bricks of pride and the fences of fear. I ask You to wash away the 'us and them' mentality that divides my spirit from others. Just as You loved me while I was still far off—without condition or hesitation—I ask for the grace to love others with that same revolutionary Love.

Break my heart for what breaks Yours. Give me Your eyes to see the silent struggles, the hidden worth, and the divine Light in every person I encounter. Soften my edges where I have become brittle. Where there is tension, let me bring peace; where there is shadow, let me bring Your Light.

I declare that I am no longer a stranger to my neighbour, but a reflection of Your love to them. Let Your Love flow through me, unimpeded by my own ego or expectations. May the way I love others be the greatest proof that I belong to You.

In Jesus' name, Amen."

DAY 5

SEALED



(Ephesians 1:13)

Day Five Reflection: Sealed

When I speak of being "Sealed in Christ," there is a deeper reality at play: when God seals you with His Holy Spirit, He is tethering your Identity to a realm that is entirely beyond the reach of the physical world.

To experience why your Identity is unshakable, you must experience the nature of the Spirit. As Jesus taught Nicodemus, "That which is born of the flesh is flesh, and that which is born of the Spirit is Spirit" (John 3:6).

The flesh is subject to gravity, decay, and the opinions of men. It can be bruised, labeled, and eventually, it returns to the dust. But the Spirit? The Spirit is formless and eternal. What can harm the formless? What can shake that which cannot be touched? The devil/world tries to attack your Identity by attacking the "form": your reputation, your bank account, your health, or your social standing. But if your Identity is hidden with Christ in God (Colossians 3:3), it exists where the weapons of this world have no grip. You cannot break a shadow and you cannot shatter the wind. By being sealed in the Spirit, your core Being [Identity] becomes untouchable.

Because your "roots" are drinking from the river of the eternal, you are free to live as a passerby. This isn't a call to be indifferent or uncaring, rather, it is a call to be unattached. In the ancient Apocryphon of James and various early Christian

traditions, the concept of being a "passerby" is a call to move through the world without being emotionally invested by it.

No Care for the Temporal: If you are a passenger on a train, you don't spend your energy redecorating the seat or worrying if the scenery outside is changing. You know you are going somewhere else.

Operating from the Eternal: When you realise that the "real" you is the sealed, spiritual Identity in Christ, you stop reacting to the temporal shifts of the world. If the world praises you, it is temporal; if the world condemns you, it is temporal. Neither can touch the seal.

This is the fulfillment of Hebrews 12:28. You are not just "going" to a Kingdom in the future; you are receiving it now. You operate from a seat of authority in Christ that looks down upon the chaos of the "flesh" and sees it as a passing vapor.

When you walk into a room, you aren't walking in as a person trying to earn favour or protect their ego. You walk in as a sealed child of the Most High. You carry the authority of your Identity in Christ into a world obsessed with the devil's temporal gifts. You bring the peace of the Unshakable into a world that is constantly trembling.

> 1 John 2:17, "The world passes away, and the lust thereof: but he that doeth the will of God abideth for ever."

You are the one who abides in His Stillness. You are the one who remains loving. Not because of your own strength, but because you have been marked by the One Who is the same yesterday, today, and forever.

Reflection and vulnerability with the Holy Spirit:

We often pray for God to change our circumstances, the form, so we can feel better. But the Spirit, the formless, is already at Peace regardless of the circumstances.

When you feel 'shaken,' is it your Spirit that is trembling, or just the identity built on sand? If you have truly given your life to God and surrendered yourself, trusting Him and trusting that how your life looks now is what it is meant to look like, what are you instead grateful for in this moment?

The Prayer of the Sealed Spirit

Abba, Father, I come before You today not with a list of requests, but with a heart of profound surrender. I release the weight of my "wants," my anxieties for the future, and my grasping for temporal things. I set them down at the feet of the Eternal.

Thank You for marking me as Your own child with the Holy Spirit. I am grateful that my Identity is no longer up for debate, negotiation, or performance. I thank You that while the world shifts, my place in You is locked in—secure, protected, and permanent.

I praise You that You have given me a life that cannot be touched by decay or harm. I thank You that what is born of the Spirit in me is Spirit—unshakable, untouchable, and beyond the reach of this world's chaos. Thank You for the authority to walk as a passerby, observing the temporal without being enslaved by it.

I give thanks for the "Unshakable Kingdom" that dwells within. I am grateful that I do not have to beg for what You have already given. Thank You for the peace that surpasses understanding, which guards my heart even when the "flesh" is weary.

I trade my wants for Your presence. I trade my "if onlies" for "here I am, Lord, use me." I thank You for the breath in my lungs, the willingness to serve the whole, and the opportunity to Represent You to everyone else who has not yet seen You.

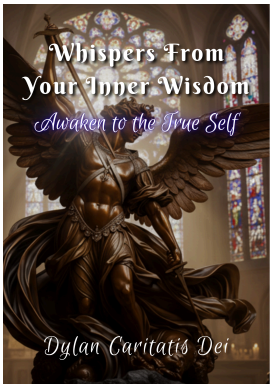
I only sing the song of Gratitude today.

Amen.

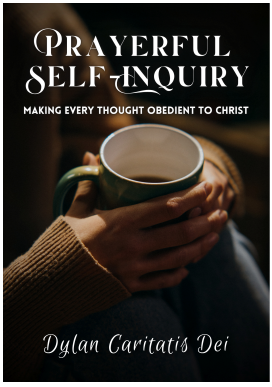
Dive into Practical Application

The best practical application is actually building a relationship with Him, continuous prayer and Word, and leaning on the Holy Spirit's Understanding, Wisdom, and Discernment. Amen.

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